



Welcome
to
Pike Hills Golf
Club
Junior Coaching

PIKE HILLS GOLF CLUB

Our Aims and Ethos

'The aim of coaching golf at Pike Hills Golf Club is to provide the knowledge and skills to allow each individual to reach his/her potential at golf, in a caring, friendly, fun and safe environment, and to develop his/her performance together with the understanding of the rules and etiquette of the game of golf.'

Pike Hills Golf Club is continually striving to improve the standard of coaching for Junior Members, with or without handicaps, and for those who attend coaching sessions.

Coaching is led by the Pike Hills PGA Teaching Professional, Mark Robson, and Volunteer members of Pike Hills Golf Club assist. David Richmond is the York Union of Golf Clubs Junior Coordinator.

All coaches who have regular contact with your child have been checked through the Data and Barring Service and have attended courses on Safeguarding & Protecting Children.

Occasionally, golfing parents may also be asked to help during a coaching session if the numbers require extra adult supervision or to help with the organisation of a mini competition.

You are welcome to use the excellent catering facilities in the Club House while your child is enjoying his/her coaching session: the coaches have found that children progress quicker and focus more if there are no distractions.



What we aim to teach

The different aspects of golf

- Putting
- Chipping
- Pitching
- Bunkers
- Long game
- The understanding of when and where to use the different types of shot on the course.
- Simple games and scoring
- Competitions - different formats and scoring
- Basic terminology of golf
- Basic rules and etiquette
- Health and Safety on the course

The Coaching Season

Coaching generally takes place on Saturday at the beginning of the golfing season in April, through to the end of September. Each session lasts one hour.

During the winter months additional sessions may take place. This will depend on

- The availability of the coaches.
- The age and/or ability of the child.
- At the discretion of the PGA Professional.

There is a charge for junior coaching. Please contact the Teaching Professional through the Professional's Shop.

Health and Safety

We take Health and Safety very seriously and the well being of your child is very important to us. Please complete the Player Profile & Consent Form and return it immediately. It is vital that we have your contact details and any medical information about your child. These details are kept in the strictest confidence. Please let us know any changes such as a new telephone number or any relevant medical details.

You can help to keep your child safe when he/she arrives for the session by following the safety rules -

The car park

Cars are continually entering and leaving the car park, and Saturday is a very busy time of the week. Please walk with your child across the car park and insist that they walk and not run. Cars reversing out of parking spaces do not always notice a small child if they are running.

Crossing the 15th Fairway

To gain access to the practice ground from the Professional's Shop, your child will have to cross the 15th Fairway. Please use **the road** and stop to observe if golfers are playing that hole. Golfers on the 15th Tee have priority unless they ask you to cross.

Also if you intend to park by the Driving Range wait until golfers have played from the 15th Tee before attempting to drive along the access road.

The practice ground

Your child will be asked to wait in the 'safety zone' marked out with cones until the session is to commence. They must not swing golf clubs or play practise golf shots in the safety zone or anywhere around the practice ground until the lesson commences.

Machinery

Each weekday and occasionally at a weekend the groundsmen will be working on the course using a variety of machinery. The groundsmen have priority on the course and you and your child must make themselves aware of any work that is being carried out near the practice ground. If your child is playing on the course he/she must wait until the groundsmen have moved away/cleared the green or wait to be asked to play his/her next shot.

Litter

Please do not leave any litter (sweet/crisp packets and bottled or canned drinks). There is a wastebasket provided in the driving range. Cans and glass bottles may cause injury if left on the ground and a child should fall.

Registration

Your child will be registered at the beginning of the session. It is important that your child waits with the coaches until collected. Any child not collected will be taken to wait in the Professionals shop. Please inform the club if you may be late.

Professional's Shop - 01904 708756 Option 2

The coaches will always remind the children of these safety rules and your reinforcement would be most appreciated.

Clothing and Equipment

The Junior Section has a variety of equipment that children can use during the session, 'Tri Golf' equipment and real junior golf clubs. You may wish to purchase a small set of clubs to help your child make progress. Please speak to the Professional about suitable golf clubs, as the size and weight will depend on your child's age, height and physical ability.

We ask that you provide suitable clothing for each session.

Comfortable trousers/shorts/skirts with a shirt/T-shirt/polo shirt, trainers and outdoor shoes may be worn. The practice ground is quite open and often windy; therefore a pullover and/or jacket may be necessary even into the summer months. Waterproof trousers and jacket can also help against the wind as well as the rain.

There is a strict dress code for members playing the course and this may be found on the website. Juniors playing the course during coaching sessions are not required to adhere to this code but we would like our juniors to be dressed smartly.

Please provide your child with sun cream as they will be outdoors for the whole session, a peaked cap may be worn to shield his/her eyes from the glare of the sun.

Particularly on warm days please provide a drink as a child may become dehydrated when exercising.

Junior Members must abide by the strict dress code of Pike Hills Golf Club when playing on the course and in the Club House.

Junior Membership

Except during coaching sessions our young golfers are not allowed on the Golf Course until they become Junior Members. Once a certain stage in development is reached he/she will need to test the skills learnt on the Golf Course.

Becoming a Junior Member

Any junior wishing to become a member of Pike Hills Golf must complete a Membership Form available from the Office. *Please see the website for the current membership fees.*

Telephone number - 01904 700797 Option 5 or call in during the week and speak to General Manager

Gaining a Handicap

At some stage your child will have achieved the skills, knowledge and understanding of the game to gain a handicap. More information about gaining a handicap will be available through the Teaching Professional.

Times of Sessions and Groups

Saturday 1.00 pm and 2 pm

This is open to boys and girls who are interested in trying golf for the first time and for those who have attended in previous years and are working towards improving their golf.

Saturday 3.00 pm

This group will have reached a stage when they are ready to improve their golf with some on the course tuition.



Where to meet

Please meet at the Practice Ground and arrive 5 minutes before the session commences for registration, unless informed otherwise



Take care when crossing the Car Park and the 15th Fairway

All sessions last one hour

Note - at the end of the session all juniors must wait with a coach until collected.

Parents should be aware that if children are left on the club premises unsupervised, other than to attend club coaching sessions, competitions, or other club events, the club cannot accept supervisory responsibility.

Cancelled Lessons

If a lesson has to be cancelled you will be informed by email in advance. However, there are times when the lesson has to be cancelled at short notice because of inclement weather or the threat of a storm. If unsure please contact the Professional's Shop on 01904 700797 Option 2 to check about an hour before the lesson is due to commence.

The Driving Range

Junior Members may use the driving range to practise their skills and technique. They must abide by the club rules whilst using this facility. Non-members who attend the junior coaching may also use the range but must be accompanied by an adult.

Private Lessons

Individual lessons are available through the Professional. Please contact the Teaching Professional, Mark Robson who will be pleased book a lesson and provide you with current price.

Tel: 07939 017280 Email: markrobsonprogold@gmail.com

Competitions and Notices

There are many competitions that take place during the year once a junior has gained a handicap. Junior Members - boys and girls may enter club competitions. A Junior Notice Board is situated at the driving range and in the Ladies' and Gentlemen's Locker Rooms. Competitions specifically for junior members, both at Pike Hills and Open Competitions at other clubs, will be posted on the board. Please take time to read the notices and enter competitions whenever possible as these will test skills and knowledge of play.



As well as learning the skills in playing the game of golf we hope that your child will gain greater self-confidence, develop friendships with others and achieve in a competitive environment that challenges them, but most of all have fun and enjoyment

Telephone Numbers

Professional's Shop - 01904 708756 Option 2

Pike Hills Golf Club Office - 01904 700797 Option 5